

YEAR 9 PSHE LEARNING JOURNEY

RELATIONSHIPS AND SEX

Child Sexual Exploitation, Predators + Danger (CSE)
Peer Pressure Unit: Bullying, Body Image + the Media – (includes Eating Disorders)
Domestic Abuse and Conflict, Abusive Relationships
Upskirting
Extremism
County lines
Gangs and knife crime
Our Community and Diversity: Exploring the LGBT+ and other UK Communities



Start

HEALTH AND WELLBEING

Alcohol Awareness, Risks + Dangers
Drugs, Substance Abuse + the Law
Mental Health – Stress, Anxiety + Mindset
Vaccinations, Organ, Blood + Stem Cell Donation
Self-Harm Awareness
Behaviour, Achievement Education + Distractions
Personal Safety – Acid Attacks



LIVING IN THE WIDER WORLD

Employability + Workplace Skills
enterprise
Personal Finance – Avoiding Debt,
Navigating Financial Institutions,
Human Rights + Responsibilities
Law, Knife Crime + Youth Offenders
Self-discipline + Sustainability

On to
Year 10!

Spiral Approach to Content:
PSHE Association's Themes:

Health and Wellbeing
Relationships and Sex
Living in the Wider World

Additional Themes:

Citizenship and British Values
Careers – Gatsby Standards
Financial Education