

YEAR 10 PSHE LEARNING JOURNEY

RELATIONSHIPS AND SEX

Same Sex and LGBT+ Relationships
Gender and Transgender Identity, Honour-based Violence Sexism and Gender Prejudice
Forced + Arranged Marriages, Radicalisation Online
Harassment + Stalking, Revenge Porn
Conflict Management, Parenting + Families
Coercive control

HEALTH AND WELLBEING

Self examination
Mental Health inc. Social Anxiety, Grief + Bereavement, Social Media + Self-Esteem
Binge Drinking, Tattoos + Piercings Awareness
Managing time online, Screen Time Awareness
Managing our time effectively and Study Skills
Tattoos/piercings-safe or not?
Living Sustainably, Homelessness
Community cohesion
Hate crimes

LIVING IN THE WIDER WORLD

Employability, Careers + Workplace Awareness
Rights, Responsibilities + Equality, Money Laundering
Fake News + Media Awareness, Racism, hate crimes
Gangs, Crime + County Lines
The Criminal Justice System
Anti-social behaviour
Prejudice and Discrimination

Spiral Approach to Content:
PSHE Association's Themes:
Health and Wellbeing
Relationships and Sex
Living in the Wider World
Additional Themes:
Citizenship and British Values
Careers – Gatsby Standards
Financial Education

Start

On to
Year 11!